

MENU GUIDE

LIONS BEAR LAKE CAMP



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SPRING2024

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bearlakecamp.org



2024

LIONS BEAR LAKE CAMP BREAKFAST & BRUNCH MENU

BREAKFAST ENTREES \$9.50

Entrees are served with Cereal, Yogurt, and side choices

- Pancakes - choice of fruit, potato, and meat
- Biscuits & Gravy - choice of fruit, potato, and meat
- French Toast - choice of fruit, potato, and meat
- Scrambled Eggs - choice of fruit, potato, bread, and meat
- Cheese Omelet
 - mushrooms, spinach, green onion, tomato, salsa
 - choice of fruit, potato, and meat
- Breakfast Sandwich
 - made with bread choice, meat choice, and egg
 - choice of fruit, and potato
- Breakfast Quiche
 - vegetarian or meat choice
 - choice of bread, potato, and fruit
- Egg Casserole
 - vegetarian or meat choice
 - choice of bread, potato, and fruit
- Breakfast Burrito
 - choice of meat
 - choice of potato, and fruit

All Breakfasts come with appropriate condiments. Oatmeal may also be added to any breakfast at no additional charge.

BRUNCH MENU \$11.00

Includes:

- | | |
|------------------|-----------------|
| • Egg Casserole | • Fruit Choice |
| • Scrambled Eggs | • Meat Choice |
| • Cereal | • Potato Choice |
| • Oatmeal | • Bread Choice |
| • Yogurt | |

BREAKFAST SIDES

Meat Options

- Sausage Links
- Sausage Patties
- Bacon
- Ham
- For Omelets, Quiche, & Casserole:
Choose: Ham, Bacon, or Sausage Crumbles

Fruit Options

- Mandarin Oranges
- Apple Sauce
- Fresh Apples
- Peaches
- Pears
- Mixed Fruit
- Fresh Cut Seasonal Fruit
- Pineapple
- Bananas

BREAKFAST SIDES

Bread Options

- Bagels
- English Muffins
- Cinnamon Rolls
- Assorted Fresh Baked Muffins
- Danishes

Potato Options

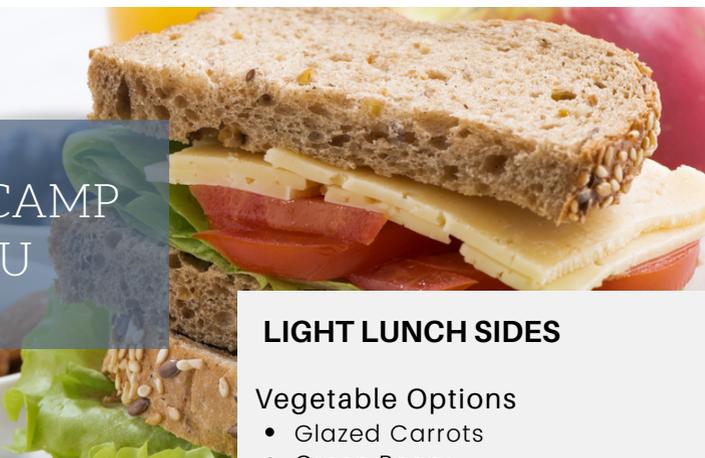
- Shredded Hashbrowns
- Hashbrown Patties
- Seasoned Cut Potatoes
- American Fried Potatoes
- Cheesy Hashbrowns

Additional Options

- Yogurt Parfaits
- Oatmeal

2024

LIONS BEAR LAKE CAMP LIGHT LUNCH MENU



LIGHT LUNCH ENTREES \$10.00

Light Lunch Entrees include 2 Side Choices and 1 Dessert Choice.

- Pizza (Cheese, Pepperoni)
 - Breadsticks, Tossed Salad, Dessert
- Beef Nachos
 - Chips, Meat, Cheese, Lettuce, Tomato, Salsa
- Chicken Strips
- Turkey & Cheese Sub
 - Lettuce, Tomato, Condiments
- Hot Ham & Cheese Sandwich
- Grilled Chicken Sandwich



LIGHT LUNCH SIDES

Vegetable Options

- Glazed Carrots
- Green Beans
- California Blend
- Corn
- Peas
- Baked Beans
- Peas & Carrots
- Broccoli
- Squash
- Veggie Tray

Potato Options

- French Fries
- Assorted Chips

LIGHT LUNCH SIDES

Salad Options

- Pasta Salad
- Potato Salad
- Coleslaw
- Tossed Salad
- Cottage Cheese & Fruit
- Spinach Salad with Strawberries

Dessert Options (Choose 1)

- Cookies
 - Chocolate Chip, PB, Oatmeal, Snickerdoodle, Glazed Sugar Cookie, No Bake
- Tarts
 - Vanilla, Coconut, Chocolate, Cheesecake
- Fruit Crisp
 - Apple, Cherry
- Cake- Yellow, Chocolate
 - vanilla or chocolate frosting
- Jello w/whipped topping
- Brownies
- Pudding
 - Chocolate or Vanilla
- Chef's Choice

2024

LIONS BEAR LAKE CAMP LUNCH/DINNER BAR MENU

LUNCH/DINNER BARS \$12.00

- **Taco Bar with Salad Bar**
 - Tortillas, Tortilla Chips, Homemade Chips, Refried Beans, Spanish Rice, Mexican Corn, Taco Meat, Chicken, Lettuce, Cheese, Guacamole, Tomatoes, Onion, Peppers, Nacho Cheese, Sour Cream, Salsa, Full Salad Bar, Churros, and Dessert
- **Baked Potato Bar with Salad Bar**
 - Baked Potatoes, Chili, Broccoli, Cheese, Bacon Bits, Peppers, Green Onion, Sour Cream, Butter, includes Full Salad Bar, and Dessert
- **Assorted Sandwiches and Salad Bar**
 - (Choice of 3) Ham, Turkey, Egg Salad, Tuna Salad, or Chicken Salad on Assorted Breads with condiments includes Full Salad Bar and Dessert
- **Assorted Sandwiches and Soup Bar**
 - (Choice of 3) Ham, Turkey, Egg Salad, Tuna Salad, or Chicken Salad on Assorted Breads with Condiments includes Choice of Two Soups and Dessert

LUNCH/DINNER BAR SIDES

Soup Options

- Chicken Noodle
- Chicken Wild Rice
- Tomato
- Vegetable or Vegetable Beef
- Cream of Potato
- Broccoli & Cheese
- Beef Noodle
- Chili/Vegetarian Chili
- Italian Wedding Soup

Salad Bar Options

- Includes salad mix, assorted dressings, croutons, bacon bits, egg, cheese, chickpeas, cucumber, tomato, beets, peppers, cottage cheese

LUNCH/DINNER BAR SIDES

Dessert Options (Choose 1)

- Cookies
 - Chocolate Chip, PB, Oatmeal, Snickerdoodle, Glazed Sugar Cookie, No Bake
- Tarts
 - Vanilla, Coconut, Chocolate, Cheesecake
- Pie
 - Apple, Pumpkin, Cherry, Lemon
- Fruit Crisp
 - Apple, Cherry
- Cake- Yellow, Chocolate
 - vanilla or chocolate frosting
- Jello w/whipped topping
- Strawberry Shortcake
- Brownies
- Pudding
 - Chocolate or Vanilla
- Chef's Choice

2024

LIONS BEAR LAKE CAMP LUNCH/DINNER MENU

LUNCH \$11.00 DINNER \$12.00 ENTREES

DINNER INCLUDES SALAD BAR.
SALAD BAR MAY BE ADDED TO LUNCH
FOR AN ADDITIONAL \$1.00 PER PERSON

- **Bone-in Chicken (Seasoned Baked)**
 - Choice of Potato, Vegetable, Bread, and Dessert
- **Chicken Marsala**
 - Choice of Potato, Vegetable, Bread, and Dessert
- **Lasagna (Cheese, Meat or Vegetable)**
 - Choice of Vegetable, Bread, and Dessert
- **Meatloaf**
 - Choice of Potato, Vegetable, Bread and Dessert
- **Beef Tips & Gravy**
 - Choice of Egg Noodle or Whipped Potato, Vegetable, Bread, and Dessert
- **Chicken and Vegetable Stir Fry served with Rice, Egg Rolls**
 - Choice of Bread and Dessert
- **Baked Ziti with or without meat**
 - Choice of Bread and Dessert
- **Chicken Alfredo served with Broccoli**
 - Choice of Bread and Dessert
- **Chicken or Cheese Quesadilla served with Rice**
 - Choice of Vegetable and Dessert
- **Swedish Meatballs with Mushroom Gravy served with Noodles**
 - Choice of Vegetable, Bread, and Dessert
- **Cheeseburger**
 - Choice of Potato, Vegetable, Bread, and Dessert
- **Sliced Glazed Ham**
 - Choice of Potato, Vegetable, Bread, and Dessert
- **Pulled Pork**
 - Choice of Potato, Vegetable, Bread, and Dessert

LUNCH/DINNER SIDES

Vegetable Options

- Glazed Carrots
- Green Beans
- California Blend
- Veggie Tray
- Peas/Carrots
- Corn
- Peas
- Baked Beans
- Broccoli
- Squash

Potato Options

- Whipped Potatoes
- Buttered Red Skins w/Sour Cream
- Au Gratin
- Scalloped
- Roasted Sweet Potatoes
- French Fries
- Sweet Potato Fries
- Baked Potato with Butter/Sour Cream
- Cheesy Hash Browns
- Rice
- Noodles
- Macaroni and Cheese

Bread Options

- Dinner Roll
- Fresh Baked Bread
- Breadsticks
- Garlic Bread
- Corn Bread

Dessert Options (Choose 1)

- Cookies
 - Chocolate Chip, PB, Oatmeal, Snickerdoodle, Glazed Sugar Cookie, No Bake
- Tarts
 - Vanilla, Coconut, Chocolate, Cheesecake
- Pie
 - Apple, Pumpkin, Cherry, Lemon
- Fruit Crisp
 - Apple, Cherry
- Cake- Yellow, Chocolate
 - vanilla or chocolate frosting
- Jello w/whipped topping
- Strawberry Shortcake
- Brownies
- Pudding
 - Chocolate or Vanilla
- Chef's Choice

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LIONS BEAR LAKE CAMP SNACKS & SAMPLE MENU

SNACKS

Available to groups arriving in the evening.
Price is determined by snack choices.

- Pizza (Cheese, Pepperoni)
- Assorted Vegetable Tray
- Assorted Meat, Cheese, Cracker Tray
- Fresh Fruit
- Ham Roll Ups
- Vegetable Roll Ups
- Turkey Sliders
- Chips
- Assorted Cookies

SAMPLE MENU

Please enter your meal choices on the attached pages. Be sure to include your side choices that are included with your chosen entrée. Feel free to note any questions and concerns you have with a meal so that they may be addressed ahead of time. We are looking forward to discussing your menu selections.

Meal: Friday Night Snack
Day and Date: Friday November 16
Entrée Choice: Vegetable Tray and Cheese and Crackers
Side Choices/Notes: none

Meal: Breakfast
Day and Date: Saturday, November 17
Entrée Choice: Breakfast Sandwich
Side Choices/Notes: Sandwich made with English muffin and Sausage Patty, American Fried Potatoes

Meal: Lunch
Day and Date: Saturday, November 17
Entrée Choice: Hot Ham and Cheese Sandwich
Side Choices/Notes: Pasta Salad and Assorted Chips

Meal: Dinner
Day and Date: Saturday, November 17
Entrée Choice: Taco Bar
Side Choices/Notes: Can we Substitute Brownies for the cookies?

Meal: Brunch
Day and Date: Sunday, November 18
Entrée Choice: Brunch
Side Choices/Notes: Sausage Egg Casserole, Danishes, Bacon, Cubed Hashbrowns

DIETARY LIMITATIONS

If members of your group are in need of specific meal adjustments due to medical dietary limitations, we will do our best to accommodate. If we are unable to accommodate your requests completely, we will make available space in our kitchen for storage of personal foods, and make our area accessible so that all meals may be enjoyed comfortably and completely with the group.

REQUESTING CHANGES TO THE MENU

Please note that if there are any adjustments you would like to see made to the existing menu, we are happy to discuss these. For the most part, adjustments that are cost comparable are simple to implement at no additional cost.

MEAL TIMES

Meal times are scheduled for 9am, 1pm, and 5pm, unless otherwise requested. Brunch is served at 10am.



Menu Selections

Organization/Name _____

Meal: _____

Day and Date: _____ Time _____

Entrée Choice: _____

Side Choices/Notes: _____

Meal: _____

Day and Date: _____ Time _____

Entrée Choice: _____

Side Choices/Notes: _____

Meal: _____

Day and Date: _____ Time _____

Entrée Choice: _____

Side Choices/Notes: _____

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Day and Date: _____ *Time* _____

Entrée Choice: _____

Side Choices/Notes: _____

Meal: _____

Day and Date: _____ *Time* _____

Entrée Choice: _____

Side Choices/Notes: _____