

# MENU GUIDE

## LIONS BEAR LAKE CAMP



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2025

# LIONS BEAR LAKE CAMP BREAKFAST & BRUNCH MENU

## **BREAKFAST ENTREES \$9.50**

Entrees are served with Cereal, Yogurt, and side choices

- **Pancakes** - choice of fruit, potato or scrambled egg, and meat
- **Biscuits & Gravy** - choice of fruit, potato, and meat
- **French Toast** - choice of fruit, potato or scrambled eggs, and meat
- **French Toast Bake** - choice of fruit, potato or scrambled eggs, meat
- **Scrambled Eggs** - choice of fruit, potato, bread, and meat
- **Cheese Omelet**
  - mushrooms, spinach, green onion, tomato, salsa
  - choice of fruit, potato, and meat
- **Breakfast Sandwich**
  - made with bread choice, meat choice, and egg
  - choice of fruit, and potato
- **Breakfast Quiche**
  - vegetarian or meat choice
  - choice of bread, potato, and fruit
- **Egg Casserole**
  - vegetarian or meat choice
  - choice of bread, potato, and fruit
- **Breakfast Burrito**
  - choice of meat
  - choice of potato, and fruit

All Breakfasts come with appropriate condiments. Oatmeal may also be added to any breakfast at no additional charge.

## **BRUNCH MENU \$11.00**

Includes:

- Egg Casserole
- Scrambled Eggs
- Cereal
- Oatmeal
- Yogurt
- Fruit Choice
- Meat Choice
- Potato Choice
- Bread Choice

## **BREAKFAST SIDES**

### **Meat Options**

- Sausage Links
- Sausage Patties
- Bacon
- Ham
- For Omelets, Quiche, & Casserole:  
Choose: Ham, Bacon, or Sausage Crumbles

### **Fruit Options**

- Mandarin Oranges
- Apple Sauce
- Fresh Apples
- Peaches
- Pears
- Mixed Fruit
- Fresh Cut Seasonal Fruit
- Pineapple
- Bananas

## **BREAKFAST SIDES**

### **Bread Options**

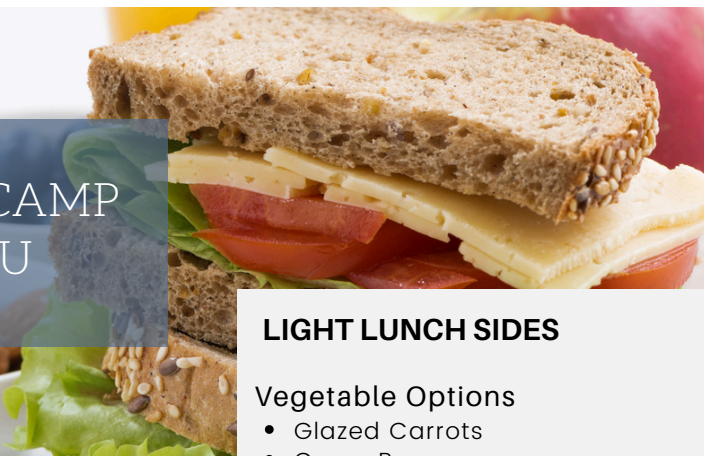
- Bagels
- English Muffins
- Cinnamon Rolls
- Assorted Fresh Baked Muffins
- Danishes
- Baked Oatmeal
- White/Wheat Bread

### **Potato Options**

- Shredded Hashbrowns
- Hashbrown Patties
- Seasoned Cut Potatoes
- American Fried Potatoes
- Cheesy Hashbrowns

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## LIONS BEAR LAKE CAMP LIGHT LUNCH MENU



### LIGHT LUNCH ENTREES \$10.00

Light Lunch Entrees include 2 Side Choices and 1 Dessert Choice.

- Pizza (Cheese, Pepperoni)
  - Breadsticks, Tossed Salad, Dessert
- Beef Nachos
  - Chips, Meat, Cheese, Lettuce, Tomato, Salsa
- Chicken Strips
- Turkey & Cheese Sub
  - Lettuce, Tomato, Condiments
- Hot Ham & Cheese Sandwich
- Grilled Chicken Sandwich



### LIGHT LUNCH SIDES

#### Vegetable Options

- Glazed Carrots
- Green Beans
- California Blend
- Corn
- Peas
- Baked Beans
- Prince Edward Blend (beans, carrots)
- Broccoli
- Squash
- Veggie Tray

#### Potato Options

- French Fries
- Assorted Chips

### LIGHT LUNCH SIDES

#### Salad Options

- Pasta Salad- Tuna, Ham&Cheese, or Macaroni (Veg.)
- Potato Salad
- Coleslaw
- Tossed Salad
- Cottage Cheese & Fruit
- Spinach Salad with Strawberries

#### Dessert Options (Choose 1)

- Cookies
  - Chocolate Chip, PB, Oatmeal, Snickerdoodle, Glazed Sugar Cookie, or No Bake
- Tarts
  - Vanilla, Coconut, Chocolate, Butterscotch
- Fruit Crisp
  - Apple, Cherry, Blueberry
- Cake- Yellow, Chocolate
  - vanilla or chocolate frosting
- Brownies- Chocolate or Blondies
- Chef's Choice



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## LIONS BEAR LAKE CAMP LUNCH/DINNER BAR MENU

### LUNCH/DINNER BARS \$12.00

- **Taco Bar with Salad Bar**
  - Tortillas, Tortilla Chips, Refried Beans, Spanish Rice, Mexican Corn, Taco Meat, Chicken, Lettuce, Cheese, Guacamole, Tomatoes, Onion, Peppers, Nacho Cheese, Sour Cream, Salsa, Full Salad Bar, Churros, and Dessert.
- **Baked Potato Bar with Salad Bar**
  - Baked Potatoes, Chili, Broccoli, Cheese, Bacon Bits, Peppers, Green Onion, Sour Cream, Butter, includes Full Salad Bar, and Dessert
- **Assorted Sandwiches and Soup/Salad Bar**
  - (Choice of 3) Ham, Turkey, Egg Salad, Tuna Salad, or Chicken Salad on Assorted Breads with Condiments includes Choice of Two Soups and Dessert
- **Pasta Bar**
  - Spaghetti & Penne Noodles, Marinara Sauce, Alfredo Sauce, Diced Chicken, Hamburger Meat. Choice of Bread, Vegetable & Dessert

### LUNCH/DINNER BAR SIDES

#### Soup Options

- Chicken Noodle
- Chicken Wild Rice
- Tomato
- Vegetable or Vegetable Beef
- Cream of Potato
- Broccoli & Cheese
- Beef Noodle
- Chili/Vegetarian Chili
- Italian Wedding Soup

#### Salad Bar Options

- Includes salad mix, assorted dressings, croutons, bacon bits, egg, cheese, chickpeas, cucumber, tomato, beets, peppers, cottage cheese

### LUNCH/DINNER BAR SIDES

#### Dessert Options (Choose 1)

- Cookies
  - Chocolate Chip, PB, Oatmeal, Snickerdoodle, Glazed Sugar Cookie, or No Bake
- Tarts
  - Vanilla, Coconut, Chocolate, Butterscotch
- Pie
  - Apple, Pumpkin, Cherry, Lemon, Chocolate
- Fruit Crisp
  - Apple, Cherry, Blueberry
- Cake- Yellow, Chocolate
  - vanilla or chocolate frosting
- Strawberry Shortcake
- Brownies, Blondies, Oreo Cheesecake, Cherry Cheesecake
- Pudding
  - Chocolate or Vanilla
- Chef's Choice

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## LIONS BEAR LAKE CAMP LUNCH/DINNER MENU

### LUNCH/DINNER ENTREES \$12.00

SALAD BAR INCLUDED

- Tuscan Chicken (Sundried Tomato, Spinach, Parmesan Sauce)
  - Choice of Potato, Vegetable, Bread, and Dessert
- Chicken Marsala
  - Choice of Potato, Vegetable, Bread, and Dessert
- Bone in Chicken (Seasoned, Baked)
  - Choice of Potato, Vegetable, Bread, and Dessert
- Lasagna (Cheese, Meat or Vegetable)
  - Choice of Vegetable, Bread, and Dessert
- Meatloaf
  - Choice of Potato, Vegetable, Bread and Dessert
- Beef Tips & Gravy
  - Choice of Egg Noodle or Whipped Potato, Vegetable, Bread, and Dessert
- Chicken and Vegetable Stir Fry served with Rice, Spring Rolls
  - Choice of Bread and Dessert
- Chicken or Shredded Beef Enchiladas (red sauce) with Yellow Rice
  - Choice of Vegetable and Dessert
- Chicken Ranch Enchiladas (white sauce) with Yellow Rice
  - Choice of Vegetable and Dessert
- Swedish Meatballs with Mushroom Gravy served with Noodles
  - Choice of Vegetable, Bread, and Dessert
- Cheeseburger
  - Choice of Potato, Vegetable, Bread, and Dessert
- Sliced Glazed Ham
  - Choice of Potato, Vegetable, Bread, and Dessert
- Pulled Pork
  - Choice of Potato, Vegetable, Bread, and Dessert

### LUNCH/DINNER SIDES

#### Vegetable Options

- Glazed Carrots
- Green Beans
- California Blend
- Veggie Tray
- Prince Edward Blend (beans, carrots)
- Corn
- Peas
- Baked Beans
- Broccoli
- Squash

#### Potato Options

- Whipped Potatoes
- Buttered Red Skins w/Sour Cream
- Au Gratin
- Scalloped
- Roasted Sweet Potatoes
- French Fries
- Sweet Potato Fries
- Baked Potato with Butter/Sour Cream
- Cheesy Hash Browns
- Rice
- Noodles
- Macaroni and Cheese

#### Bread Options

- Dinner Roll
- Fresh Baked Bread
- Breadsticks
- Garlic Bread
- Corn Bread

#### Dessert Options (Choose 1)

- Cookies
  - Chocolate Chip, Oatmeal, M&M, Snickerdoodle, Sugar Cookie, No Bake
- Tarts
  - Vanilla, Coconut, Chocolate, Butterscotch
- Pie
  - Apple, Pumpkin, Cherry, Lemon, Chocolate
- Fruit Crisp
  - Apple, Cherry, Blueberry
- Cake- Yellow, Chocolate
  - vanilla or chocolate frosting
- Strawberry Shortcake
- Brownies-Chocolate or Blondie
- Cheesecake Brownies- Oreo or Cherry
- Chef's Choice

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# LIONS BEAR LAKE CAMP SNACKS & SAMPLE MENU

## SNACKS

Available to groups arriving in the evening.  
Price is determined by snack choices.

- Pizza (Cheese, Pepperoni)
- Assorted Vegetable Tray
- Assorted Meat, Cheese, Cracker Tray
- Fresh Fruit
- Ham Roll Ups
- Vegetable Roll Ups
- Turkey Sliders
- Chips
- Assorted Cookies

## SAMPLE MENU

Please enter your meal choices on the attached pages. Be sure to include your side choices that are included with your chosen entrée. Feel free to note any questions and concerns you have with a meal so that they may be addressed ahead of time. We are looking forward to discussing your menu selections.

### Meal: Friday Night Snack

Day and Date: Friday November 16

Entrée Choice: Vegetable Tray and Cheese and Crackers

Side Choices/Notes: none

### Meal: Breakfast

Day and Date: Saturday, November 17

Entrée Choice: Breakfast Sandwich

Side Choices/Notes: Sandwich made with English muffin and Sausage Patty, American Fried Potatoes

### Meal: Lunch

Day and Date: Saturday, November 17

Entrée Choice: Hot Ham and Cheese Sandwich Side Choices/Notes: Pasta Salad and Assorted Chips

### Meal: Dinner

Day and Date: Saturday, November 17

Entrée Choice: Taco Bar

Side Choices/Notes: Can we Substitute Brownies for the cookies?

### Meal: Brunch

Day and Date: Sunday, November 18

Entrée Choice: Brunch

Side Choices/Notes: Sausage Egg Casserole, Danishes, Bacon, Cubed Hashbrowns

## DIETARY LIMITATIONS

If members of your group are in need of specific meal adjustments due to medical dietary limitations, we will do our best to accommodate. If we are unable to accommodate your requests completely, we will make available space in our kitchen for storage of personal foods, and make our area accessible so that all meals may be enjoyed comfortably and completely with the group

## REQUESTING CHANGES TO THE MENU

Please note that if there are any adjustments you would like to see made to the existing menu, we are happy to discuss these. For the most part, adjustments that are cost comparable are simple to implement at no additional cost.

## MEAL TIMES

Meal times are scheduled for 9am, 1pm, and 5pm, unless otherwise requested. Brunch is served at 10am.



# Menu Selections

Organization/Name \_\_\_\_\_

Meal: \_\_\_\_\_

Day and Date: \_\_\_\_\_ Time \_\_\_\_\_

Entrée Choice: \_\_\_\_\_

Side Choices/Notes: \_\_\_\_\_

Meal: \_\_\_\_\_

Day and Date: \_\_\_\_\_ Time \_\_\_\_\_

Entrée Choice: \_\_\_\_\_

Side Choices/Notes: \_\_\_\_\_

Meal: \_\_\_\_\_

Day and Date: \_\_\_\_\_ Time \_\_\_\_\_

Entrée Choice: \_\_\_\_\_

Side Choices/Notes: \_\_\_\_\_

Meal: \_\_\_\_\_

Day and Date: \_\_\_\_\_ Time \_\_\_\_\_

Entrée Choice: \_\_\_\_\_

Side Choices/Notes: \_\_\_\_\_

*Meal:* \_\_\_\_\_

*Day and Date:* \_\_\_\_\_ *Time* \_\_\_\_\_

*Entrée Choice:* \_\_\_\_\_

*Side Choices/Notes:* \_\_\_\_\_

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*Meal:* \_\_\_\_\_

*Day and Date:* \_\_\_\_\_ *Time* \_\_\_\_\_

*Entrée Choice:* \_\_\_\_\_

*Side Choices/Notes:* \_\_\_\_\_

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*Meal:* \_\_\_\_\_

*Day and Date:* \_\_\_\_\_ *Time* \_\_\_\_\_

*Entrée Choice:* \_\_\_\_\_

*Side Choices/Notes:* \_\_\_\_\_

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*Meal:* \_\_\_\_\_

*Day and Date:* \_\_\_\_\_ *Time* \_\_\_\_\_

*Entrée Choice:* \_\_\_\_\_

*Side Choices/Notes:* \_\_\_\_\_

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*Meal:* \_\_\_\_\_

*Day and Date:* \_\_\_\_\_ *Time* \_\_\_\_\_

*Entrée Choice:* \_\_\_\_\_

*Side Choices/Notes:* \_\_\_\_\_

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